

## **Evidence-Based Treatment & Patient Diversity: What We Know & Why It Matters**

Presented by: Stanley J. Huey, PhD, and Tonya Wood, PhD

**Wednesday, May 1, 2019 9AM-11AM (2 contact hours)**

**1301 Pine Avenue Long Beach, CA 90813 Training Room 2nd Floor**

### **Content**

Over the past few years, there has been increased utilization of evidence-based practices (EBPs) across California and in Los Angeles. While this expansion of effective services is a welcomed change by many, the implementation of EBPs has also been met with some resistance and skepticism. One particular reservation voiced by many concerns the utility of EBPs for culturally diverse populations. To some extent, a critical view of the application of EBPs to ethnic minorities is warranted as the literature is inconclusive about the importance of cultural adaptations when treating diverse populations. However there remains considerable misinformation concerning the research supporting EBPs for diverse cultural groups across varied treatment settings.

This program overviews the current research findings and empirical knowledge that inform the cultural adaptation of EBPs. The primary goal is to offer strategies for clinicians, supervisors, and training programs on how to best address cultural issues when implementing EBPs or specific Evidence Based Treatment (EBT) models.

### **After this workshop, participants will be able to:**

- 1) Identify and name three helpful strategies for tailoring EBTs for culturally diverse clients
- 2) Discuss and critique available research on EBTs for minority youth
- 3) Discuss what is considered culturally responsive interventions
- 4) Discuss clinical reasons for exploring culture in psychotherapy

### **About the Presenters**

Dr. Stan Huey received his PhD in Child Clinical Psychology from UCLA in 1998. He is currently an Associate Professor of Psychology at USC. His research focuses on effective therapies for behaviorally-disordered youth, traumatized individuals, and ethnic minorities. He also teaches extensively and provides clinical supervision to graduate students.

Dr. Tonya Wood received her PhD from the University of Virginia in 2000. She is the Director of Clinical Training at Pepperdine University. Her scholarly interests include supervision and training of students. She has a small private practice in the Los Angeles area.

### **Registration Information**

**Cost: \$30**

**Non-TGC attendees can register via this link:** <http://bit.ly/2OUdEDR>

**TGC staff, trainees and interns:** Please register via provided link in email.

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