

Partnership Means More Help

By **JENNY GOV**
CONTRIBUTOR

"Mental and physical health are intrinsically connected, so it is vital that we address both as we guide children and families through the healing process," Patricia Costales, LCSW, CEO of The Guidance Center, said in a release.

And thanks to a \$92,000 grant awarded from The Earl B. and Loraine H. Miller Foundation, the center's mental and health care professionals can continue to do so. The grant is awarded to support the Guidance Center's

collaborative initiative with the Miller Children's & Women's Hospital, which addresses an existing service and knowledge gap within the field.

The initiative extends an existing partnership between the two organizations to provide mental health training and support to medical personnel. Through a pediatric psychology post-doctoral fellowship, it also will provide on-site, evidence-based mental health treatment for patients undergoing medical treatment and their families.

With the Miller Foundation's support, the collaboration will fo-

cus on improving the mental and physical health status of children served by The Guidance Center and Miller Children's & Women's Hospital, strengthening services and interventions through increased knowledge of physical healthcare, behavioral health consultations, referral processes and specialty mental health, and enhancing the collaboration between professionals through increased training to medical and mental health professionals within The Guidance Center and Miller Children's & Women's Hospital.

The goal of the initiative is to treat a child as a whole, both mentally and physically.

A pediatric psychologist from The Guidance Center and a pediatric hospitalist from Miller Children's & Women's Hospital will provide relevant training to youth mental health and medical stakeholders to increase awareness of this type of treatment in order to reach this goal.

In its first two years, the fellowship achieved benchmark results



—Photo courtesy Katherine Lambert/Guidance Center

AS A TEAM. Lauren Ford, Psy.D. (center), stands with Miller Care team members.

including providing 462 mental health consultations with patients and 53 workshops with medical care teams at Miller Children's & Women's Hospital.

At the center of the initiative is Lauren Ford, PsyD, post-doctoral fellow with The Guidance Center, who has been providing mental health care to pediatric patients as a consultant. She also leads workshops for employees about trauma-informed care, consults with physicians on treatment plans, and provides mental health services for families and children.

This is not the first time The Guidance Center and the Miller Children's & Women's Hospital have partnered to serve needs of the community. The partnership

began in the 1960s, when The Guidance Center housed its clinic and operations at the Miller Children's & Women's Hospital for several years.

The Guidance Center, a non-profit child and family mental health agency headquartered in Long Beach, provides comprehensive mental health treatment to more than 3,000 children and families annually in the communities of Long Beach, Lynwood, Compton, Paramount, San Pedro and Avalon. The center offers individual, group and family therapy, crisis intervention, case management, community education and outreach and more.

For more information about the center, go to www.tgclb.org.

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Aquarium of the Pacific's Aquatic Academy Spring 2018

Redrawing the Map of the World's Coastlines

Sea level is rising and will continue to through this century and probably much longer. The rate of rise is accelerating as the ocean warms and expands and as mountain glaciers, and particularly Greenland and Antarctica melt more rapidly than projected. The map of the world's coastlines will be redrawn well before the end of this century. Big chunks of some nations and U.S. states will be swallowed up by the sea. Low-lying islands will be drowned and hundreds of thousands of residents will have to find new homes. California will not be immune.

Join experts in exploring how rapidly and how much sea level might rise, the amount and causes of the uncertainty and how sea level rise will affect the world's and California's coasts and cities, the infrastructure we have built, as well as nature's infrastructure, and what we can do to adapt.

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Cost: \$40 for adults, \$35 for members, \$10 extra for CEU credit in conjunction with CSULB (optional)
Where: Aquarium of the Pacific, 100 Aquarium Way, Long Beach, CA 90802
Parking: We will validate parking for course participants
RSVP: For reservations, contact Guest Services: (562) 590-3100, ext. 0
For additional information, email: [Adina Metz, ametz@lbaop.org](mailto:Adina.Metz@lbaop.org) or visit aquariumofpacific.org/aquaticacademy

MTW Wins For Reiner Series

Long Beach's Musical Theatre West is receiving a special recognition from the Los Angeles Drama Critics Circle for its Reiner Reading Series.

The series, named for sponsors Ken and Dottie Reiner, offers staged readings of lesser known musicals. It has been produced downtown at the Beverly O'Neill Theater, part of the Long Beach Entertainment Center.

In a press release also listing nominations for the 2018 LADCC awards, the group announced that The Joel Hirschhorn Award for distinguished achievement in musical theatre goes to Musical Theatre West's Reiner Staged Reading Series.

It was announced at the beginning of MTW's season that this would be the last year for the Reiner Reading Series, which has run for eight years.

"We're absolutely thrilled to be

recognized for our work in bringing some of the lesser performed titles in the musical theatre canon back to life," Michael Betts, the series producer, said.

The LADCC awards will be presented on March 19 in Pasadena. For the first time in several years, no Long Beach performance was nominated.

Here are the three shows.

Irving Berlin's "Lousiana Purchase," 7 p.m. Feb. 11 at the Beverly O'Neill Theater.

Jule Styne, Betty Comden and Adolph Green's "Do Re Mi," 7 p.m. June 3, at the Beverly O'Neill Theater.

Frank Loesser's "The Most Happy Fella," 7 p.m. Aug. 19, at the Carpenter Performing Arts Center on the Long Beach State University campus.

For tickets and more information, go to www.musical.org.

—Harry Saltzgaver

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